



INDIAN PUBLIC HIGH SCHOOL , RAK

Let's Make Salad

" Let's get together to promote the joy, compassion and life enhancing possibilities of vegetarianism "

Dear parents,

We are pleased to invite you to the

"SALAD MAKING COMPETITION "

in the school. The event will be strictly for parents.

Date : Monday, 30th May, 2016

Time : 9.30am

Venue: School Premises

Theme: Vegetarian Salad

For rules and regulations and details of the competition, please contact:

Veena Santhosh,

Chairperson,

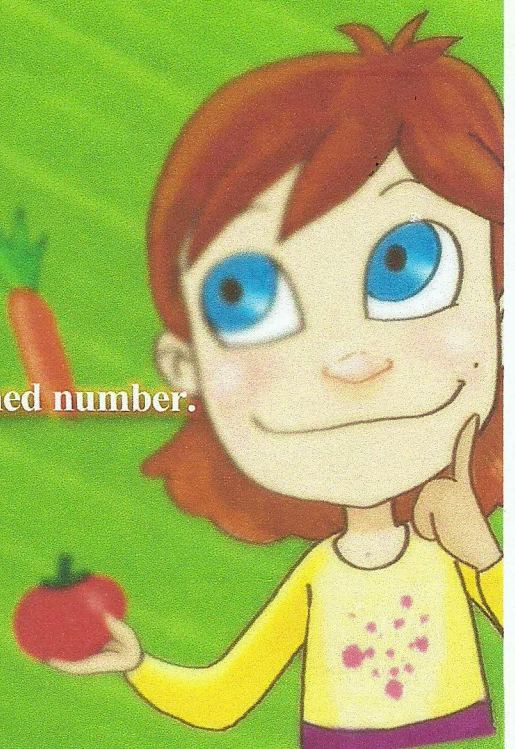
Parent Council,

IPHS.

Mobile no: 0526901201

Note: The participants should confirm their participation before 28th May, 5pm, by giving a call in the above mentioned number.

ANUBHA NUJAWAN
M.A., M.Ed.
Principal
Indian Public High School





المدرسة الهندية العامة العليا - رأس الخيمة

INDIAN PUBLIC HIGH SCHOOL, RAK

GENERAL GUIDELINES:

- Participation is strictly limited to parents of IPHS, RAK.
- Participants may bring their own decoration materials and salad dressings for more elegance and style in presentation.
- Participants may cook the ingredients from home and the salad dressing and presentation shall be done at the competition venue.
- Last date for entry will be Saturday, 28th May, 2016 , 5.00pm
- Participants should be present at the school by 9.30am.
- Participants are required to bring the necessary items, the school will not be providing any.
- Judges decision will be final.

SALADS:

- The salads should be prepared to fill up a regular sized bowl (good for 2-3 people)
- A detailed recipe of the preparation with the name of the salad shall be shown beside the dish.
- The ingredients used should be strictly vegetarian

JUDGING CRITERIA

- Creativity
- Taste
- Salad dressing

Anubha
ANUBHA NIJHAWAN
MA, M.Ed.

Principal
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